

## ABOUT VALLEY COUNSELING

Valley Counseling Services is a private, non-profit organization opened in 1952. Our mission is to partner with children and adults towards their goal of recovery, as an efficient and effective behavioral healthcare provider.

We provide services which are accessible and responsive to human needs. Our agency is staffed by psychiatrists, social workers, counselors, nurses and case managers.

We have three service locations to offer prompt, readily-accessible care. Services are available to all area residents, which include counseling, child and adult case management, medication clinic, senior citizen mental health services, school-based programs and intensive in-home services.

Valley Counseling Services accepts Medicaid and all major insurance cards. A sliding fee scale is available for those who require assistance.

## SERVICE LOCATIONS

**ADULT OFFICE:**  
**(330) 399-6451**

150 E. MARKET ST.  
WARREN, OH 44481

**CHILDREN'S OFFICE:**  
**(330) 395-9563**

318 MAHONING AVE.  
WARREN, OH 44483

**SOUTHEAST OFFICE:**  
**(330) 759-8237**

4970 BELMONT AVE.  
YOUNGSTOWN, OH 44505

**ADMINISTRATIVE OFFICE:**  
**(330) 394-6244**

150 E. MARKET ST.  
WARREN, OH 44481

**TDD PHONE NUMBER:**  
**(330) 394-6244**

*VCS is a contract agency of the Trumbull  
County Mental Health and Recovery Board.  
We are an Equal Opportunity Employer  
and provider of services.*



*Empowering Individuals & Communities.*



## Community-Based Services

[www.vcsinc.org](http://www.vcsinc.org)

# Empowering Individuals.

**VALLEY COUNSELING SERVICES PROVIDE A FULL RANGE OF SERVICES WITHIN THE COMMUNITY – IN SCHOOL, AT HOME, AT WORK, ANYWHERE OUR CLIENTS NEED SERVICES AND SUPPORT.**




## **COMMUNITY-BASED SERVICES**

VCS was one of the first agencies in Ohio to provide mental health case management. The heart and soul of case management is to work with

clients in their natural environment to help them achieve success in all domains. This can mean helping them sign up for entitlements at government agencies, improving school or work function, behavior management at school or home, finding a job or housing, etc.

## **SCHOOL-BASED SERVICES**



For youth and young adults, Valley has provided therapy services in most of the schools in Trumbull County for over 25 years. Over 50% of the youth's waking day is spent in schools, a "natural environment" with incredible impact on their daily functioning. We work with school personnel starting in day care with our early childhood mental health programs. This service offers great convenience for parents.



## **IN-HOME THERAPY**

In-home therapy is when a therapist visits the home when necessary and conducts an assessment of in-home functioning and designs an intervention tailored to that client's needs. This service is also appropriate for home bound clients.

## **MEDICATION MANAGEMENT OUTREACH**

In-home therapy is when a therapist visits the home when necessary and conducts an assessment of in-home functioning and designs an intervention tailored to that client's needs. This service is also appropriate for home bound clients.

## **INTENSIVE IN-HOME THERAPY**

This is a service offered in partnership by Valley Counseling Services and the Bair Foundation. This form of treatment is an intensive, home based crisis intervention program used to avoid out-of-home placement of children in families experiencing crisis. Intensive in-home therapy is a therapeutic intervention intended to stabilize children, increase parental capacity, and promote reunification or prevent the utilization of placement options. Interventions are delivered primarily in the family's home, school and community. The Bair Foundation has been providing families with intensive in-home therapy for over 20 years and in 11 counties in Ohio. Their staff members are all licensed and trained, in-home, case management providers and are accessible 24 hours a day, 7 days a week.



*Empowering Communities.*